COLLECTION OF PULL-TABS

The purpose of collecting the pull-tabs is to help pay the rent for families of seriously ill children who stay at the Ronald McDonald House of Durham and is sponsored by your Department Children and Youth Commission.

Update: Fall Conference-2014
(2,093 LBS.)

The following contributed:

- Asheville Post 2 20 Lbs.
- Durham Post 7 1 Lb.
- Lexington Post 8 79 Lbs.
- Gastonia Post 23 19 Lbs.
- Kernersville Post 36 7 Lbs.
- Greenville Post 39 22 Lbs.
- Edenton Post 40 89 Lbs.
- Winston Post 43 92 Lbs.
- Waynesville Post 47 1 Lb.
- Hickory Post 48 70 Lbs.
- Greensboro Post 53 42 Lbs.
- Dunn Post 59 33 Lbs.
- Cary Post 67 13 Lbs.
- Swansboro Post 78 2 Lbs.
- Madison Post 80 122 Lbs.
- Shelby Post 82 8 Lbs.
- Elizabeth City Post 84 7 Lbs.
- Ahoskie Post 102 19 Lbs.
- Mount Olive Post 103 3 Lbs.
- Salisbury Post 107 8 Lbs.
- Benson Post 109 14 Lbs.
- Nashville Post 110 19 Lbs.
- Hertford Post 126 16 Lbs.
- Belmont Post 144 26 Lbs.
- Rockingham Post 147 100 Lbs.
- Raleigh Post 157 23 Lbs.
- Oxford Post 166 34 Lbs.
- Hampstead Post 167 1 Lb.
- Belmont Post 180 8 Lbs.
- Waxhaw Post 208 34 Lbs.
- Winston Post 219 18 Lbs.
- Spring Lake Post 230 37 Lbs.
- Vass Post 296 17 Lbs.
- East Bend Post 336 22 Lbs.
- Salisbury Post 342 72 Lbs.
- Greensboro Post 386 430 Lbs.
- Charlotte Post 400 4 Lbs.
- New Salem Post 440 218 Lbs.
- Calabash Post 503 100 Lbs.
- Fayetteville Post 525 1 Lb.
- Knightdale Post 529 15 Lbs.
- Swift Creek Post 530 5 Lbs.
- Moyock Post 531 29 Lbs.
- Wilmington Post 545 4 Lbs.
- Washington Aux Unit 15 1 Lb.
- Rocky Mount Aux Unit 58 9 Lbs.
- Benson Aux Unit 109 4 Lbs.
- Landis Unit 146 9 Lbs.
- Faith Aux Unit 327 26 Lbs.
- SAL Squadron 144 2 Lbs.
- Blue Ridge Same Day Surgery, Raleigh 3 Lbs.
- Bethel Church of Christ, Morganton 10 Lbs.
- Sheppard by the Sea, Atlantic Bch 12 Lbs.
- Norlina Christian Academy 58 Lbs.
- Durant Rd Elementary Sch 25 Lbs.
- Rand Elementary Sch 86 Lbs.
- Archie Barrow 2 Lbs.
- Brenda Forte 10 Lbs.
- Bobby Poole 1 Lb.
- Tabitha Robie 3 Lbs.
- Susan Koseman/Stephanie Smith 10 Lbs.
- Virginia Beadle 3 Lbs.
- Laura Singleton 1 Lb.

How do I donate tabs?

1. **Drop off at the American Legion** -- You can also drop off the pop tabs at any local American Legion Post in North Carolina. To find a post near you, visit [www.nclegion.org](http://www.nclegion.org).

2. **Recycling Center** -- Take your pop tabs to your local recycle center for recycling. Mail a check of your pop tab amount to American Legion Department of NC and we will forward to Ronald McDonald House.

**Pop Tab Program FAQs**

Why do you only collect the tabs from cans?

Although the whole aluminum can is valuable, the tab is much cleaner and easier to collect in large quantities than whole cans. The tab of a standard soda can is made of high quality, high-grade aluminum. By itself, it doesn't mean much, but when you pull together, pop-tabs add up and become a valuable donation to your local Ronald McDonald House.

**Just the Facts**

- The pull tabs do NOT buy time on dialysis machines or buy wheelchairs.
- We do NOT accept the whole can with the tabs because of space restrictions.
- We accept only clean recycled materials for the health of our families and children.
- We receive the going rate for aluminum, which changes as the demand changes - varying from rates of 23 to 52 cents per pound on any given period.
- We average about 450 pounds every 10 days, or approximately $234.
- Every penny helps families stay at the House -- $10 pays for one family for one night!